

رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الْآخِرَةِ
حَسَنَةً وَنَقِّنَا عَذَابَ النَّارِ

*Rabbanā Ātinā Fiddunyā Hasanataw Wafil A'khirah
Hasanataw Wa qina 'Adhābannār*

MY LITTLE BOOK OF

DU'Ā

Part -I
(Primary Level)



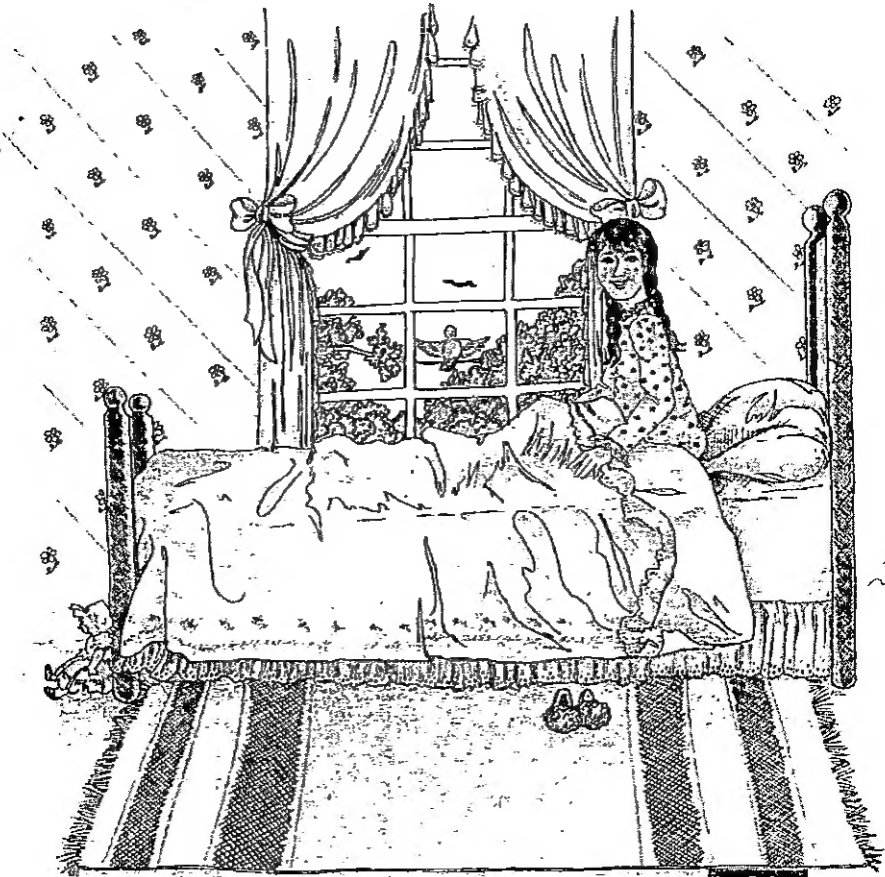
This is 'Umar and his sister Zaynab.
They remember Allah in everything they do.
They remember Allah by saying:

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Bismillāhir Raḥmānir Raḥīm

**“With the name of Allah,
The Most Merciful,
The Most Compassionate.”**

Let us begin reading this book with this invocation.



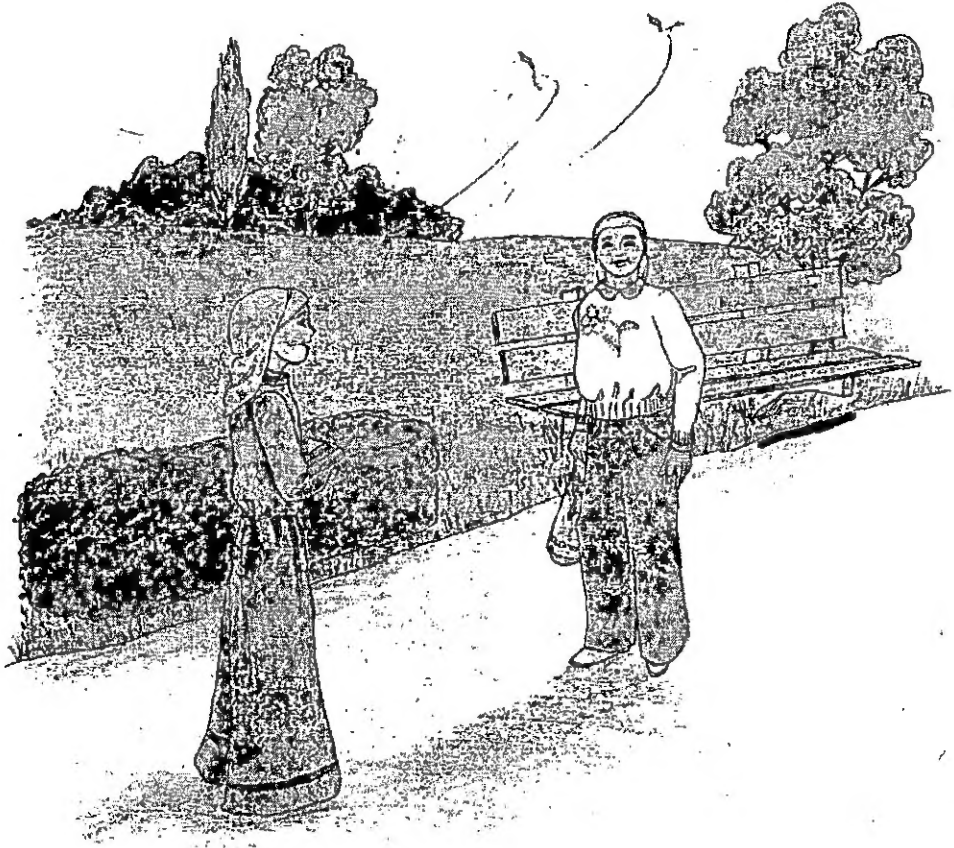
Zaynab wakes up early in the morning.
After waking up she says:

أَصْبَحْنَا وَأَصْبَحَ الْمُلْكُ لِلَّهِ

Aṣbahna Wa Aṣbahal Mulku Lillāhi

**“I wake up
And the world wakes up
For Allah.”**

This du‘a is said after waking up from sleep.



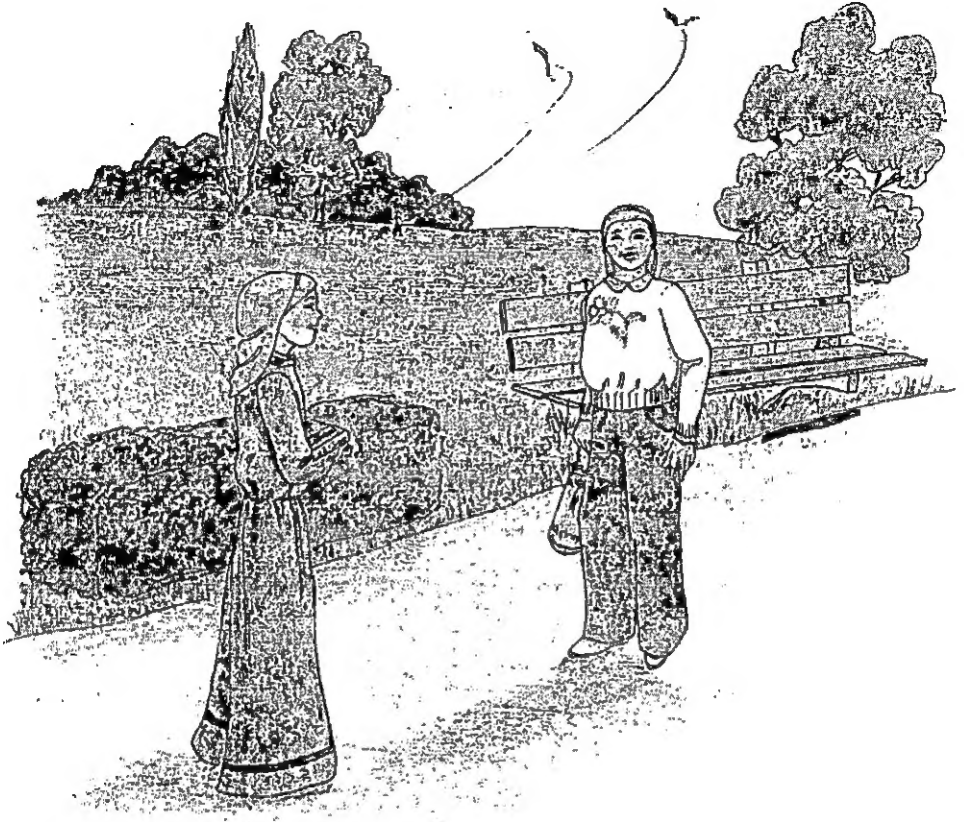
Zaynab and 'Āyeshah friends.
 Zaynab smiles and greets 'Āyeshah.
 Zaynab greets by saying:

السَّلَامُ عَلَيْكُمْ وَرَحْمَةُ اللَّهِ

Assalāmu 'Alaykum Wa Raḥmatullāh

**“May Allah’s peace and mercy
 Be upon you.”**

This is a du‘ā for greeting one another.



‘Āyeshah is happy to see Zaynab.

‘Āyeshah smiles and answers Zaynab.

‘Āyeshah answers by saying:

وَعَلَيْكُمْ السَّلَامُ وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ

Wa Alaykumus Salāmu Wa Raḥmatullāhi Wa Baraktāuh

**“May Allah’s peace, mercy,
And blessings be upon you too.”**

This is a du‘ā for answering the greeting.



'Umar is going to the bathroom.
Before he enters the bathroom, he says:

اَللّٰهُمَّ اِنِّىْ اَعُوْذُبِكَ مِنَ الْخُبْثِ وَالْخَبَائِثِ

*Allahumma Inni A'udhu Bika Minal khubuthi
Wal khabāith*

**“O Allah!
I seek refuge in You.
From the devil and all kind of evils.”**

This du'a is said before entering the bathroom.



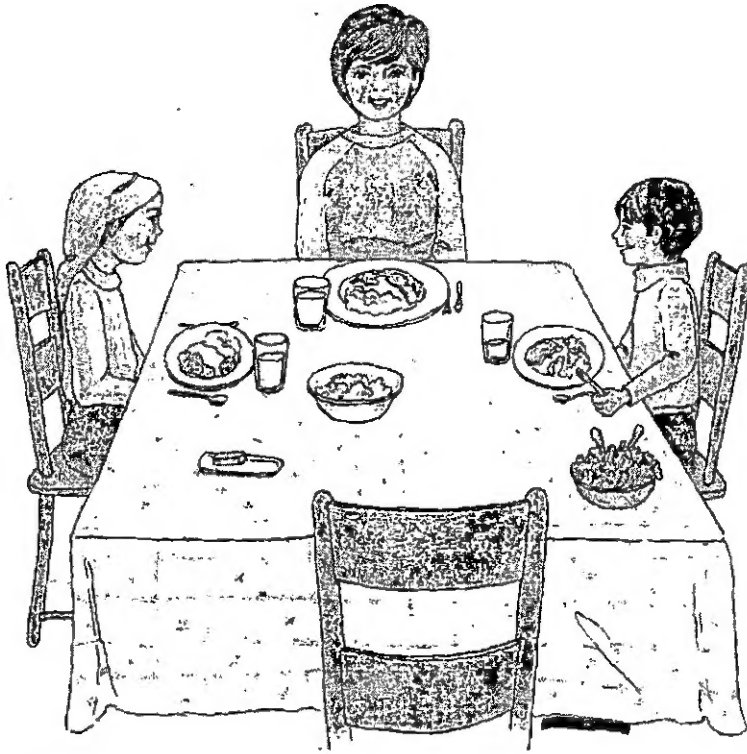
‘Umar is leaving the bathroom.
When he leaves the bathroom, he says:

الْحَمْدُ لِلَّهِ الَّذِي أَذْهَبَ عَنِّي الْأَذَى وَعَافَانِي

*Alḥamdu Lillāhil Ladhī Adhhaba ‘Annīl Adhā
Wa ‘Āfāni*

**“Praise be to Allah
Who relieved me of harmful things
And comforted me.”**

This du‘ā is said after leaving the bathroom.



‘Umar likes to eat with his family.
They all say this du‘ā before they start to eat:

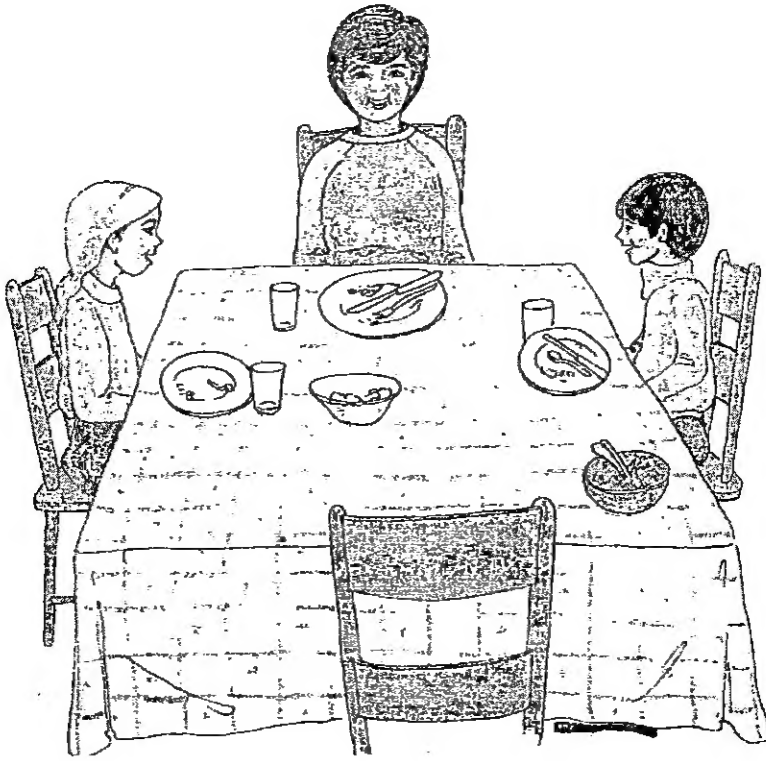
اَللّٰهُمَّ بَارِكْ لَنَا فِيْ مَا رَزَقْتَنَا وَقِنَا عَذَابَ النَّارِ . بِسْمِ اللّٰهِ

*Allahumma Bā-rik Lana Fi Mā Razaqtanā Wa Qina
Adhāban Nāri Bismillāh.*

“O Allah!

**Bless for us what you have provided, and
Protect us from the punishment of hell-fire.
With the name of Allah (we start).”**

This du‘ā is said before eating.



‘Umar and his family finished their breakfast.
They say this du’a after eating their food:

الْحَمْدُ لِلَّهِ الَّذِي أَطْعَمَنَا وَسَقَانَا وَجَعَلَنَا مِنَ الْمُسْلِمِينَ

*Alhamdu Lillāhil Ladhī At ‘Amanā Wa Saqāna Wa Ja
‘Alanā Minal Muslimīn*

**“Praise be to Allah
Who fed us and gave us drink
And made us Muslims.”**

This du’a is said after eating.



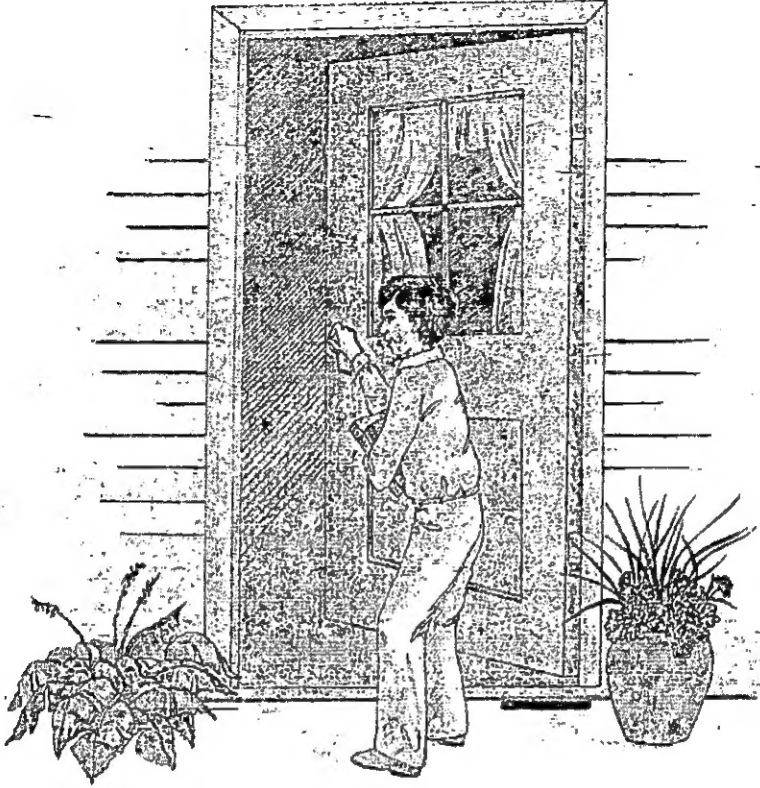
‘Umar is leaving home.
When leaving home he says:

بِسْمِ اللَّهِ. تَوَكَّلْتُ عَلَى اللَّهِ لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ.

Bismillāhi Tawakkaltu Alallāhi La Hawla Wa Lā Quwwata Illā Billāh

**“With the name of Allah
I trusted in Him.
There is no strength or Power
Except with Allah”**

This du‘ā is said when leaving the home.



‘Umar is returning home.
While entering the home he says:

بِسْمِ اللَّهِ وَلَجْنَا وَبِسْمِ اللَّهِ خَرَجْنَا وَعَلَى اللَّهِ رَبِّنَا تَوَكَّلْنَا

*Bismillāhi Walajnā wa Bismillahi Kharajna Wa
Alallāhi Rabbīnā Tawakkalnā.*

**“With the name of Allah we enter
And with the name of Allah we exit
And in Allah, our Lord, we trust.”**

This du‘ā is said when entering the home.



It is time to go to bed.

‘Umar is getting ready to sleep.

Before going to sleep, he says this du’a:

اَللّٰهُمَّ بِاسْمِكَ اَمُوْتُ وَاَحْيَا

Allahumma Biismika Amūtu Wa Ahyā

“O Allah!

In your name I die and I live.”

This du‘ā is said before going to sleep

Du‘ā (Supplication) is the direct communication (of a Muslim) with Allah Subhanahu wa Ta‘āla. This book is compiled in order to help inculcate in the children, at their tender age, the habit of communicating with, relying upon, and remembering Allah – their Creator.

The purpose is to raise children with stronger faith in Allah, in His last messenger, and in the Akhirah (Hereafter); to lay a foundation for better character; and make them the true servants of Allah.

Care has been taken to select authentic, simple but comprehensive Ad’iyah appropriate for children’s age level and activities. This book is designed so that the children may look at the contents again and again, and memorize the Ad’iyah directly from the Arabic text. A simple English translation of the Ad’iyah is given in order to make the meaning understood, which can and should lead to a change in behaviour.

Parents and teachers are encouraged to help the children understand and memorize these Ad’iyah, and to remind them to say them regularly. Eventually when the children get into the habit of making du‘ā at every step of their daily life, they will, in addition to enjoying the blessings of Allah; truly appreciate Islam as their way of life, insha’Allah.